

# Southern Tasmanian Veterans Cycling Club

## Membership Information Rider Code of Conduct



### **SOUTHERN TASMANIAN VETERANS CYCLING CLUB Inc.**

The Southern Tasmanian Veterans Cycling Club (STVCC) aims to provide friendly competition for cyclists over the age of 30 (eligibility comes from the beginning of the year the rider turns 30). The STVCC is affiliated with Cycling Australia (CA). When you become registered with our club you will be eligible to race with any of the clubs affiliated with the CA. If you intend to race overseas, you will need an international licence.

The main objectives of the club are to:

- Conduct road races for veterans in a safe and friendly environment
- Provide a social atmosphere where members gain enjoyment out of the sport
- Offer the opportunity for riders to win trophies, prizes and titles
- Gain or maintain fitness. There is a special emphasis on introducing new riders to the sport

The annual fee for members under 65 years of age and for those over 65 includes club membership, licence and insurance cover provided through the CA affiliation. Licences are issued for the calendar year. Details of the insurance cover can be obtained from the Secretary or can be viewed on the CA website.

<http://www.cycling.org.au/Content/NavigationMenu/Membership/Insurance/Insurance.htm>

Races are held most Sunday mornings. From January to March inclusive, racing at Richmond starts at 9.00 am and for other venues and the rest of the year, racing starts at 10.00 am. Some feature races start later. All riders must register at least 15 minutes prior to the start of the race. Most races finish before midday.

All races are held on public roads under the conditions of appropriate Tasmania Police permits. All races are marshalled with lead and tail cars in used. Race distances vary from 30 km to 75 km for longer events, but most races are between 40 km to 45 km. Friends and family are most welcome to come and watch.

Most races start from the Richmond Football Ground.

Prospective new members are welcome to come out and have a ride or just have a chat. A Three Race License is available and this license enables you to try out three races and if you join, the 3 race fee is deducted from the annual fee. The race roster on the STVCC website provides full details of all the club races <http://www.stvcc.asn.au/>

## **CYCLING AUSTRALIA RACING RULES AND REGULATIONS**

The STVCC conducts its races under the Cycling Australia Rules and Polices and is guided by the CA Code of Conduct. These can be found at <http://www.cycling.org.au/>

It is the responsibility of all members to be familiar with the CA Rules and Policies and Rider Code of Conduct.

In addition, STVCC has Specific rules and a Rider Code of Conduct under which its races are conducted. It is the responsibility of all members to be familiar with the STVCC General and Specific rules and Rider Code of Conduct.

## **STVCC GENERAL INFORMATION**

### **RACES**

A race calendar is prepared twice per year and attempts to provide a range of race formats to suit all members. The current calendar is available on the club's home page. <http://www.stvcc.asn.au/>

The races are generally based around the Richmond area, but other locations are used, such as Cygnet, Franklin, Woodbridge, Longley and Broadmarsh. The races include, time trials, 1/2/3/4/ up time trials, team time trials, team events, handicaps, sealed handicaps and graded scratch races. The distances vary from 20 km for time trials to 75 km for the "Hell of the South" race starting at Cygnet.

Races are held on early Sunday mornings. From January to March inclusive, race start times usually start at 9.00 am and the rest of the year usually at 10.00 am with some feature races starting later. Please check the roster for details. All riders must register at least 15 minutes prior to the start of the race. Most races finish before midday. Within each roster, two or three races will be open to all riders, over the age of 18 years. These races enable all riders in Southern Tasmania the opportunity to enjoy racing together.

The race results are usually printed in The Mercury during the following week and posted on the STVCC website. Race results are also available on the Results page of the website and a brief race report is also published in the club newsletter.

### **FEES**

The membership fee charged each calendar year covers affiliation to CA, insurance and a club subscription. In addition, there is a race entry fee. This fee is usually \$5 for club races and \$10 for feature and special races. The entry fee for each race is included in the race roster. Competitive membership is subject to annual variation due to changes to the fee structure made by Cycling Australia. There are full member and senior membership prices for those over 65.

### **NEW MEMBERSHIPS**

STVCC uses the CA membership form for applications for membership. These Membership Application Forms are available at races and online.

New members can join at any time throughout the year but the membership will only be valid for the remainder of that calendar year. An exception to this occurs when the application is submitted in the last three months of the year (i.e. from 1<sup>st</sup> October), membership will then be valid through to the end of the following year. There is no discount when joining part way through the year.

### **MEMBERSHIP RENEWALS**

Membership renewals fall due and are payable prior to the commencement of each calendar year. Non-financial members cannot participate in any race until fees are paid in full or a Day License purchased. Day Licenses are available at a cost of \$20.00 which includes the race entry fees.

Other details:

- Day License holders are not usually eligible for prize money.
- Members should advise of any change to the membership details, such as email address, phone number, etc, as soon as possible.
- Insurance cover is dated from the time of receipt of your form and lasts until 31st December of that year.
- **For renewals after 1 January, please note that the insurance company does not allow days-of-grace.**
- All racing members are covered for racing and training (including private training) by an insurance premium included in the license fee.
- To ensure that the training is covered, ensure that all training is logged in a logbook.
- Officials are covered for public liability if they are CA License holders. If however, they are not a CA License holder, the STVCC will take out either a Day License for casual officials, or buy a Ride-it License for regular officials.

## MARSHALLING DUTIES

The race calendar features a list of marshals assigned equally to races throughout the period covered by the roster. Riders can nominate which races they would prefer to marshal or not be considered for, before the roster is published. Please contact David Buckingham at [davidb3@dodo.com.au](mailto:davidb3@dodo.com.au) or discuss with him at a race. The club does not have the luxury of having any non-riding officials. Therefore, all riders are placed on a duty roster, and as part of your membership obligations, you will be expected to undertake one of the duty tasks listed overleaf once or twice during the year. New riders are usually exempt from the marshalling roster for several months in order that they become familiar with the procedures.

If you are placed on the roster and fail to turn up or arrange a replacement, the race could be cancelled because the club would be unable to fulfil its police permit obligations.

RACE ORGANISER	REGISTRATION	STARTER/TIMERS	CORNERS/TURNS	LEAD/TAIL CAR
Get familiar with the race course	Arrive at the race meeting site one hour before start	Arrive at the race meeting site 30 minutes before start	Arrive at the race meeting site 30 minutes before start	Arrive at the race meeting site 30 minutes before start
Brief the marshals and co-ordinate volunteer placement	Ensure that there are registration forms	Start race at the advertised time	Mark the corners/turns with cones and/or flags	Ensure that you have a motor car available to drive
Arrange for prizes (if required)	Ensure that rider numbers are available and assign numbers to each rider	With the Race Organiser give race instructions to riders before the start	Ensure that gravel and other debris is removed from the turns and corners	Liaise with the race organiser to determine the course and procedures
Arrange for any extra safety precautions and instructions	Collect race entry fee	Ensure that the timing system is started at the start	Take split times when requested	Attach flashing light and cycle warning signs to the car
Ensure safety equipment (vests, first aid kit, etc.) are issued and worn	Complete a sign-on sheet with riders name, category and number on it	Record the start times for each Category and time trials including staggered starts	Ensure riders make turns and corners safely when vehicle traffic is present	Take communication equipment and other gear if a turn in the road is required.
Set up timing and results recording equipment	Enter riders into timing system	Take splits and/or arrange for them when necessary	Check rider numbers and order of passing	Lead car should be approximately 400 - 800 m ahead of the first rider
Give Marshals all course markings required	Provide a copy of the sign-on sheet to the Starter	Record finish times and correct for any offsets	Take markers back to base and ensure the area is left clean	If a turn in the road is required, accelerate away from the leading riders and set up the turn with correctly positioned signs, cones and "stop" signs.
Arrange for course clean up before departure		Give results to the Race Organiser for awards presentation	Wear orange safety vest	When the last rider goes through the turn, the lead car becomes the tail car and should follow the last rider
Coordinate awards ceremony at the end of the race		Wear orange safety vest		The tail car should follow the last rider approximately 100 m behind. If a turn is required in the race, the tail car becomes the lead car when the first rider is sighted on the way back.
Brief all riders 10 minutes before the start of the race				Wear orange safety vest

## PRIZE MONEY/CLUB FINANCES

The STVCC has accumulated significant assets in the form of equipment, notably the electronic timing system. Unfortunately, not all of our assets are readily insurable thereby exposing the club to potential loss in the event of theft or mishap. The club has in place a limited buy-back of transponders and if a retiring member no longer wishes to race, the club would be pleased to receive the transponder for use for casual riders. The transponder we be sold to a new member at the buy-back value. If/when the decoder system finally fails all notion of buy-back ceases.

The STVCC pays prize money according to: the nature of the race and the number of participants. The policy is reviewed each year according to the level of financial assets available.

**RACE DAY CANCELLATIONS**

Generally, road races are only cancelled in the event of extreme weather conditions. Should this be necessary the club has instituted a policy of posting cancellations as early as possible on the home page of the club website. Rostered marshals on that day will be also contacted early and can be used as additional contacts.

## DISCLAIMER

This section should be read prior to signing the Membership Application Form.

### NOTE:

*It is the responsibility of all members to be familiar with the terms and conditions under which they race outlined below.*

In consideration for my participation in the cycling activities of the club, I freely release the Southern Tasmanian Veterans Cycling Club Inc., and Cycling Australia and officials of the aforementioned bodies for any, and all liability for any injury, loss and damage arising out of the activities. I understand that my registration fee includes a level of accident insurance cover and details have been made available to me. I acknowledge that the insurance benefits provided are limited and that I should consider carrying personal insurance as well as private health cover.

I understand that applicable rules for participation must be followed and that **SOLE RESPONSIBILITY FOR MY PERSONAL SAFETY REMAINS WITH ME**, including my physical and emotional preparation and fitness to participate in all events and programs throughout the year.

I undertake and agree to remove myself from participation if I sense or observe any unusual hazard or unsafe condition, or if, at any time, at any event or program, I feel unable or unfit to safely continue for any reason.

I understand and acknowledge that members who breach the conditions of an applicable Tasmania Police Race Permit, the Rules and Policies of Cycling Australia and the applicable rules of the STVCC, or: compromise their own safety; the safety of their fellow competitors; the safety of the general public and the good standing of the club in the eyes of the community, can expect sanctions ranging from disqualification from the race to complete race bans.

I understand that the race Referee has discretion to apply such sanctions to any competitor on observation; and/or following discussion with Duty Marshals, members of the Committee and/or other riders witness to or involved in; any such breach or compromise of the conditions of an applicable Tasmania Police Race Permit and/or the Rules and Policies of Cycling Australia and the applicable rules of the STVCC.

I DO HEREBY ACKNOWLEDGE that:

1. I wish to become a member of the Southern Tasmanian Veterans Cycling Club Inc. of my own freewill and desire;
2. I have read and understood the above disclaimer;
3. I agree to be bound by the constitution, rules and policies of Cycling Australia and the Southern Tasmanian Veterans Cycling Club Inc.

I acknowledge that I have read this assumption of risk and that it has been explained to me, as required. I fully understand its terms and that I have given up substantial rights by signing it. I signed the document freely and voluntarily without any inducement made to me and intend my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

### PRIVACY STATEMENT

The STVCC is committed to the protection and privacy of members' information. Any personal information provided will only be used in accordance with the objects and purposes of the STVCC. The STVCC will not disclose any personally identifiable information obtained from you to other parties for purposes other than those stated above without your written consent, except in circumstances where disclosure is required to prevent a threat to health or life or is authorised by law or reasonably necessary to enforce the law. The STVCC records members' personal information on a database protected by appropriate security protocols. Individuals will be able to access their personal information through the STVCC upon reasonable notice.

## STVCC General Rules for Racing

### General Rules for Racing

- To be eligible to compete in any event run under the jurisdiction of the STVCC, the competitor must be a financial member of a State/Territory body affiliated to the CA and must be covered by a racing insurance.
- Riders will not be permitted to start in races if the bicycle is not mechanically sound and maintained to the highest safety standards. 'Singles' must be securely glued to the rim. Only conventional racing machines shall be used and no unfair aerodynamic advantage associated with a bicycle shall be allowed. Any modifications or construction that would jeopardise safety are not allowed.
- The finish of a race shall be judged by the first part of a bike that reaches an 'imaginary' line approximately 343 mm above a finish line.
- Race numbers must be prominently displayed at all times.
- An Australian approved and securely fastened helmet conforming to standard AS/NZ/2063 must be worn on the head at all times while riding'.
- Australian approved teardrop helmets cannot be used in road races but shall be allowed in road time trials and track time trials and pursuits.
- For Road events two efficient hand brakes and a freewheel shall be used; Spinacci and 'Tri' bars are not to be used.
- For Road Time Trials it may have either a fixed wheel or freewheel system, standard time trial handlebars *with* handlebar extensions *and* elbow rests.
- For Track racing, in Sprints and Scratch races it shall have a fixed rear wheel. In Time Trials and Pursuits freewheel multiple gears, handlebar extensions and elbow rests may be used.
- Handlebar ends must be plugged.
- All competitors are expected to abide by the Tasmanian traffic laws, which include keeping to the left of the carriageway on open roads and not crossing centre line of the road even if the road has no line markings on it.
- Competitors should avoid unnecessarily obstructing other traffic.
- Dangerous riding will not be tolerated and the referee shall discipline any rider that endangers other riders or road users.
- At any time during a race that a sprint occurs the sprint rules shall apply whereby sprinting riders shall keep to a straight line. Anyone suddenly veering, pushing or pulling, or in any other way causing dangerous obstruction shall be penalised.
- Competitors who receive outside assistance during a road race, such as holding onto or receiving pace from a moving vehicle or from non-or retired competitors or who receive refreshments or bike assistance (unless specifically sanctioned beforehand by the race referee) shall be disqualified.
- A competitor who is lapped or caught by another grade other than his/her own in a scratch race must not interfere with, or assist any other competitor nor participate in any sprints. The lapped or caught rider must give way to the passing rider or group. It is a serious offence to sit in a bunch or share pace once lapped.
- If a mechanical mishap occurs (a puncture, machine damage or a fall) approaching the finish of a race, the competitor may run with or carry the bicycle over the line and still qualify for a finishing prize.
- Officials and riders are deemed to be always under control of the race referee from the time that he or she enters, and remains present, in the event precinct.
- Any riders breaching the above general racing rules shall be liable for disqualification, suspension or any combination of the two at the discretion of the referee.
- Any competitor sanctioned by the STVCC shall not be permitted to compete in any race conducted by the STVCC until such time as the penalty or suspension has been finalised.
- Appeals against a referee's decision shall be made in writing within thirty minutes of the decision being announced to the competitor. The process for appeals shall be determined under the rules of the STVCC. In all cases, CA rules will take precedence, with the exception of STVCC SPECIFIC RULES 1 & 2.
- Food or drink may be carried in either the rider's pockets or in metal or plastic biddons. Glassware of any kind must not be used to carry food or drink or to be passed on to a rider at control areas.
- **STVCC SPECIFIC RULE 1:** Riders infringing a general road rule under the Traffic Act during a race or warm-up may be disqualified by the race referee.
- **STVCC SPECIFIC RULE 2:** When racing with STVCC, any deliberate passage into the right hand lane from a marked 1km to go sign to the finish line and beyond the finish line to a distance 100m past that

line is strictly prohibited. This is a rider safety measure and will be enforced by the race referee.

- **STVCC SPECIFIC RULE 3:** It is not permitted to overtake motor vehicles obstructed by slower riders (competitors or cycling public) on either side at any time. Note that it is permissible to overtake to the left of a vehicle turning RIGHT into an intersection or drive way provided it is safe to do so and riders do not leave the sealed carriageway in carrying out that manoeuvre.
- The Committee reserves the right to add to the Specific Rules at any time without notification to the members.

#### Road Races

- Other directions will be given on the day by the Chief Commissaire/Chief Marshal.
- It shall be an offence to leave the sealed portion of the carriageway to gain an advantage.

#### General Track Rules

- Approved helmets must be worn on the track.
- No form of transmitting or receiving device may be fitted on or under the helmet or carried.
- Wing nuts, excessive long axles or any attachment to endanger the safety of riders shall not be fitted to any competitor machine.
- Handlebar ends must be plugged.
- A rider overtaking another rider must pass on the outside unless the overtaken rider is manifestly riding wide and the rider must be a clear machine length in front before taking ground.
- A rider who rides or acts in a manner considered to be dangerous to other competitors or the public will be penalised.
- A rider who pushes or pulls another rider may be penalised.
- A recognised mishap shall include a puncture, a fall, breaking of a frame, and/or any of its accessories, but it shall not include insufficient tightening of a wheel, a chain, handlebars saddle, toe straps, or any other accessory.
- The Chief Commissaire will decide what constitutes a recognised mishap.
- At the start of a race, the front wheel shall be placed on the starting line as directed by the starting official.
- The start of an event shall be effected by a single pistol shot or whistle blast.
- A rider is considered to be off the racing surface of a track when he moves under the inner edge (onto the blue band).
- Tubular tyres must be securely affixed to the wheel rims to be used in any event. This includes replacement wheels. Riders who do not observe this rule and who cause a fall may be suspended and/or relegated.

#### Criterium

- In a criterium race if a mechanical mishap occurs (a puncture, machine damage or a fall), time out shall be allowed. The race referee shall determine the duration of the time out and the information conveyed to the competitors before the race. If no determination is made before the event, the rule will be that the rider/s involved shall be allowed a free lap on which to resume their position in the race as at the moment of the mishap occurred. A rider who is granted a free lap must return to the race in the position held at the time a mishap occurred.
- A competitor taking time out will not be allowed to gain advantage in terms of placing in the field when re-entering the race and must report to the referee to re-enter the race.
- Any rider who has been lapped by his/her own grade shall withdraw from the race at the showing of two laps to go board, or at the discretion of the referee.
- No rider shall take assistance from any grade other than his/her own.
- In the event of a breakaway lapping their grade, the sprint for minor places will be at the discretion of the referee.
- Spares are permitted at the designated pit area.
- Other directions will be given on the day by the Chief Commissaire.

#### Individual Time Trial

- Drafting is not permitted.
- At the start, even time gaps shall apply for all riders.
- In the case of a competitor starting before the signal, a ten second penalty shall be applied to the competitor's time.
- A late starter may not commence from a flying start and cannot start within 10 seconds of another

competitor. The late starter's time commences from his original start signal.

- In local events, a late starter can start at the end when all the other competitors have started. A time penalty will not be incurred.
- Other directions given on the day by the Chief Commissaire

## **DISCIPLINARY MATTERS – PROCEDURE**

The procedure for dealing with allegations of misconduct shall be as follows when dealt with by an official (race referee):

1. The official may deal with an infringement if;
  - a. He observes conduct which in the opinion of the official constitutes an infringement
  - b. A complaint is made either orally or in writing to him by a third person alleging an act of misconduct
2. On observing an infringement or on receipt of a complaint being made to him by a third person, the official may as soon as possible inform the member of the infringement and the facts constituting the infringement.
3. The member shall then be permitted to speak (a hearing) to the official/s concerning the infringement.
4. The official may then deal with the infringement forthwith pursuant to the provisions of Cycling Australia's Rules and Polices or specific STVCC rules
5. If, as the circumstances may be, the official is unable to deal with the matter immediately or within seven (7) days of the occurrence of the offence, they may then refer the matter to the Committee to be dealt with.
6. At the conclusion of the hearing the official shall:
  - a. Dismiss the charge, or
  - b. Find the charges proven and impose a penalty (disqualification or race ban) within the provisions of the rules; advise the parties of the reasons for the finding and penalty; and advise the person/s involved of the right to an appeal.